



## **Every Child Can Benefit from ABC Music & Me**

Research shows that music improves a child's memory, cognitive development, learning skills, and ability to express emotion. Music makes a child a better learner, teaches self-control, improves coordination, enhances creativity, and inspires a lifetime appreciation of music and movement.

Listening activities **help "tune" a child's ear** for improved areas in language and attention skills that ensure early school success.

**Build social skills** such as turn-taking and cooperation through group learning.

**Strengthen memory and increase attention span** through new songs, stories, and rhymes with sufficient repetition to help children remember what they've learned.

**Boost vocabulary** with a variety of poems, songs and stories.

Instrument play-alongs **develop hand-eye-coordination, physical coordination**, and a sense of steady beat to help carry out activities such as using a pair of scissors.

A multi-sensory approach to teach concepts such as loud and quiet or high and low **strengthens the learning**.

Stop-and-go, as well as creative movement and dance activities **improve coordination, sequencing, self-control, the ability to follow directions**, and plan and guide behavior.

**Child-directed learning** happens when children share ideas in class and at home with Home Kits.